

RECORD CPR + AED TEST RESULTS ON BOTTOM OF SIDE 1

Skill Step	Critical Performance Steps	
	Do this test only if you teach AED	<input checked="" type="checkbox"/> if done correctly
1	Checks for response	
2	Tells someone to phone emergency response number (or 911) and get an AED	
3	Opens airway using head tilt-chin lift	
4	Checks breathing Minimum 5 seconds; maximum 10 seconds	
5	Gives 2 breaths (1 second each)	
6	Bares victim's chest and locates CPR hand position	
7	Delivers first cycle of compressions at correct rate Acceptable <23 seconds for 30 compressions	
8	Gives 2 breaths (1 second each)	
<i>AED arrives</i>		
AED 1	Turns AED on	
AED 2	Selects proper AED pads and places pads correctly	
AED 3	Clears victim to analyze (must be visible and verbal check)	
AED 4	Clears victim to shock/presses shock button (must be visible and verbal check) Max time from AED arrival <90 sec	
<i>Student continues CPR</i>		
9	Delivers second cycle of compressions at correct hand position Acceptable >23 of 30 compressions	
10	Gives 2 breaths (1 second each)	
<i>The next step is done only with a manikin with a feedback device, such as a clicker or light. If no feedback device, STOP THE TEST.</i>		
11	Delivers third cycle of compressions of adequate depth with full chest recoil Acceptable >23 compressions	

STOP THE TEST

American Heart Association
 Heartsaver
 CPR + AED
 Side 2 of 2

Name: _____
 Date of Test: _____

CPR TESTING CHECKLISTS CPR HEARTSAVER CPR

American Heart Association
 Heartsaver
 Adult/Child CPR and Infant CPR
 Side 1 of 2

Name: _____
 Date of Test: _____

Skill Step	Critical Performance Steps		STOP THE TEST	STOP THE TEST
	Adult/Child CPR <input type="checkbox"/> if done correctly	Infant CPR <input type="checkbox"/> if done correctly		
1	Checks for response			
2	Tells someone to phone emergency response number (or 911) and get an AED			
3	Opens airway using head tilt-chin lift			
4	Checks breathing <i>Minimum 5 seconds; maximum 10 seconds</i>			
5	Gives 2 breaths (1 second each)			
6	Bares victim's chest and locates CPR hand (infant: finger) position			
7	Delivers first cycle of compressions at correct rate <i>Acceptable < 23 seconds for 30 compressions</i>			
8	Gives 2 breaths (1 second each)			
9	Delivers second cycle of compressions at correct hand position <i>Acceptable > 23 of 30 compressions</i>			
10	Gives 2 breaths (1 second each)			
<i>The next step is done only with a manikin with a feedback device, such as a clicker or light. If no feedback device, STOP THE TEST.</i>				
11	Delivers third cycle of compressions of adequate depth with full chest recoil <i>Acceptable > 23 compressions</i>			

RECORD ALL TEST RESULTS HERE. SIGN WHERE INDICATED.		Test only one of these		This test is only if you teach infant CPR	
PASS = Above steps all checked (done correctly) NR = Needs remediation INDICATE PASS OR NR:		CPR + AED PASS NR	A/C CPR PASS NR	INF CPR PASS NR	TEST SUMMARY
Instructor signature affirms that skills tests were done according to AHA guidelines. Save this sheet with course record.		Instructor Signature: _____ Print Inst. Name: _____ Date: _____			